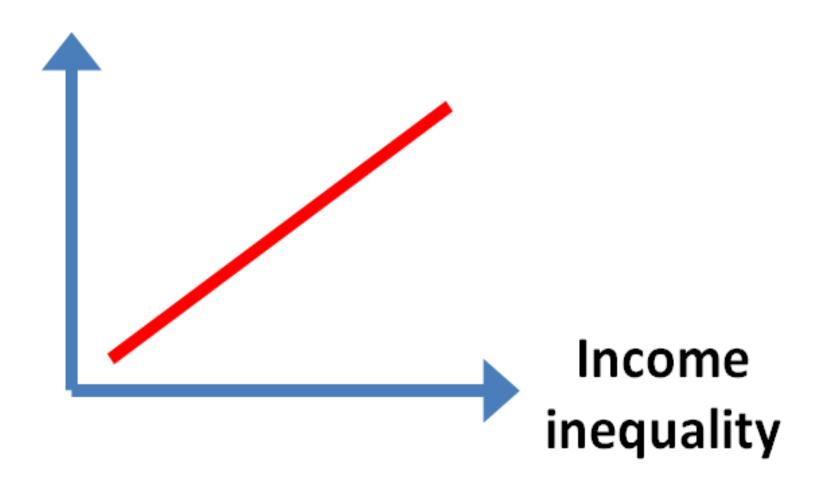
#### Inequality: the enemy between us?

#### **Richard Wilkinson & Kate Pickett**



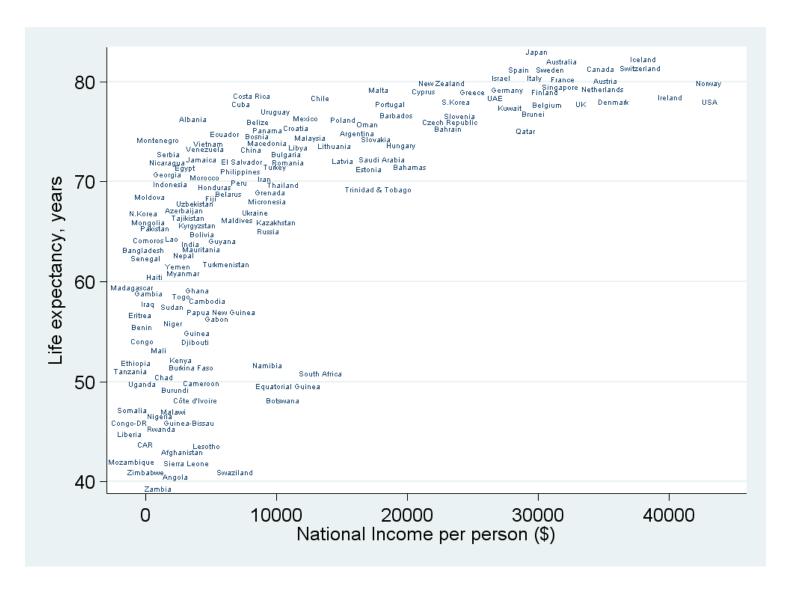
Photo by kind permission of Matt Stuart

#### **Problems**





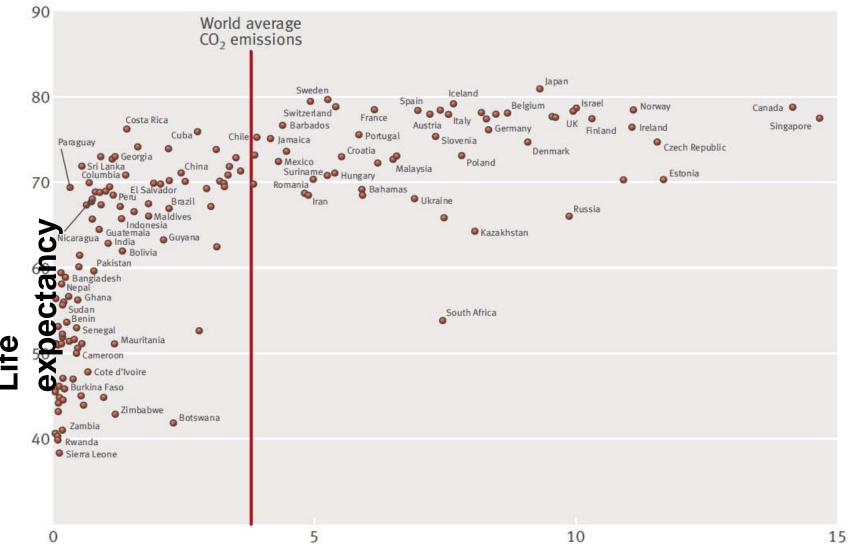
#### Income per head and life-expectancy: rich & poor countries



"Cross-country data show almost no relation between changes in life expectancy and economic growth over 10, 20, or 40-year time periods between 1960 and 2000. Many countries have shown remarkable improvements in health with little or no economic growth..."

Cutler D, Deaton A, Lleras-Muney A. The Determinants of Mortality. *J Economic Perspectives* 2006; 20: 97–120.

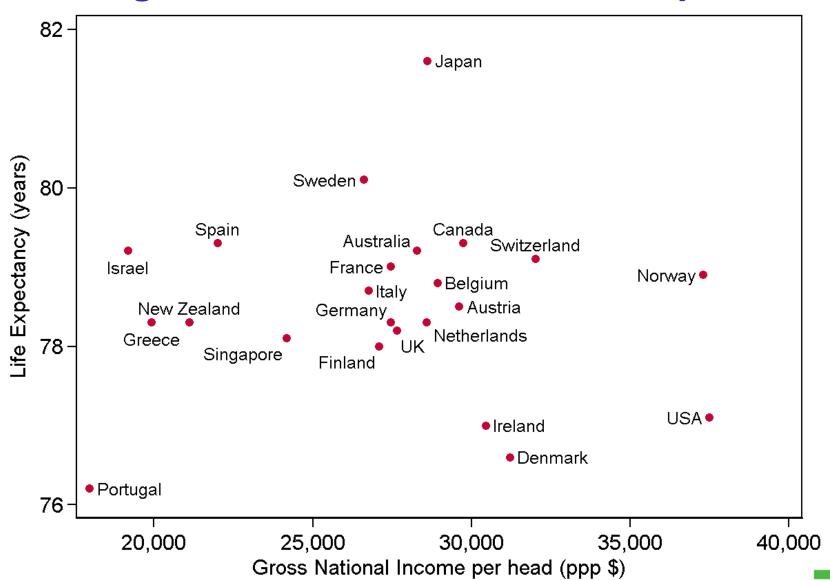
#### Life expectancy and CO<sub>2</sub> emissions per head



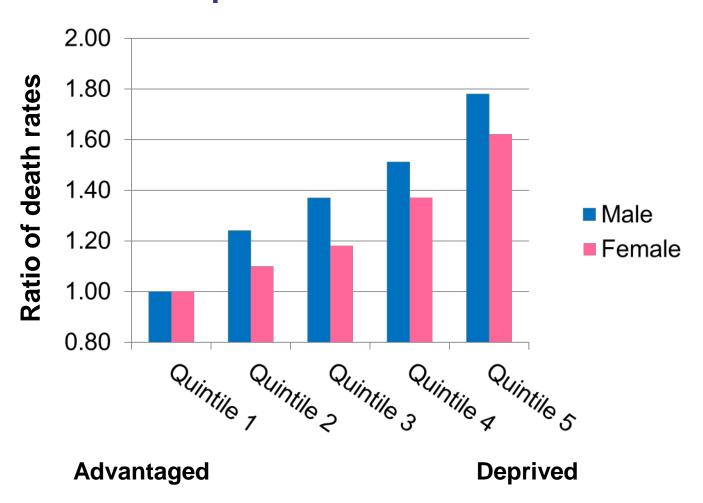
CO<sub>2</sub> emissions per head

Wilkinson R, Pickett K & **tonines** MJ 2010; 341:1138-1140

## Life expectancy in rich countries is no longer related to National Income per head

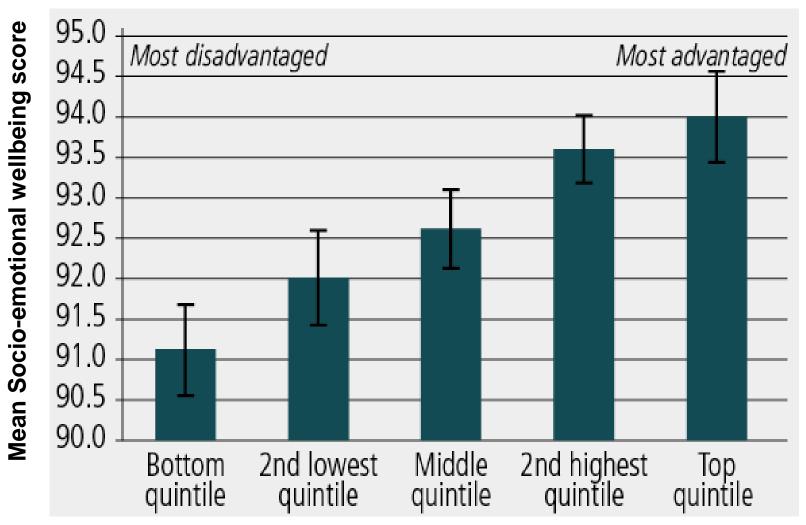


### Children 0-14 yrs: ratio of death rates by quintiles of area deprivation. Australia 1998-2000



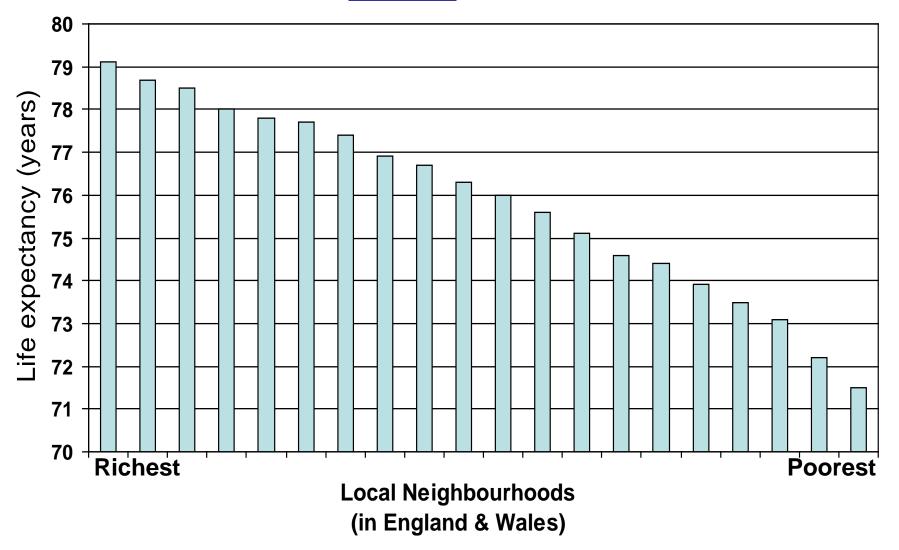
Source: *Health inequalities in Australia*. Queensland University of Technology and Australian Institute of Health and Welfare. 2004 Canberra

### Socio-emotional wellbeing of Australian children (4-5yrs) by area deprivation



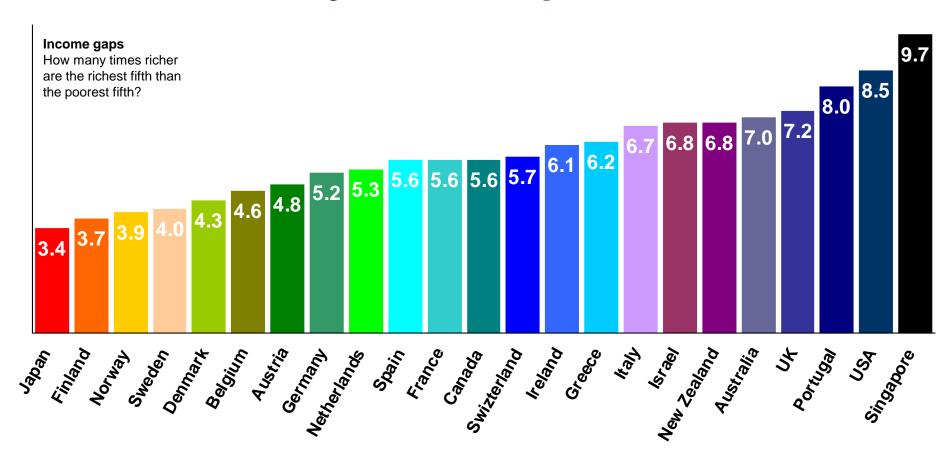
Edwards B. Growing Up in Australia: The Longitudinal Study of Australian Children. AIFS. *Family Matters* 2012; 91: 7-17

## Life expectancy is strongly related to income *within* rich countries



#### Inequality...

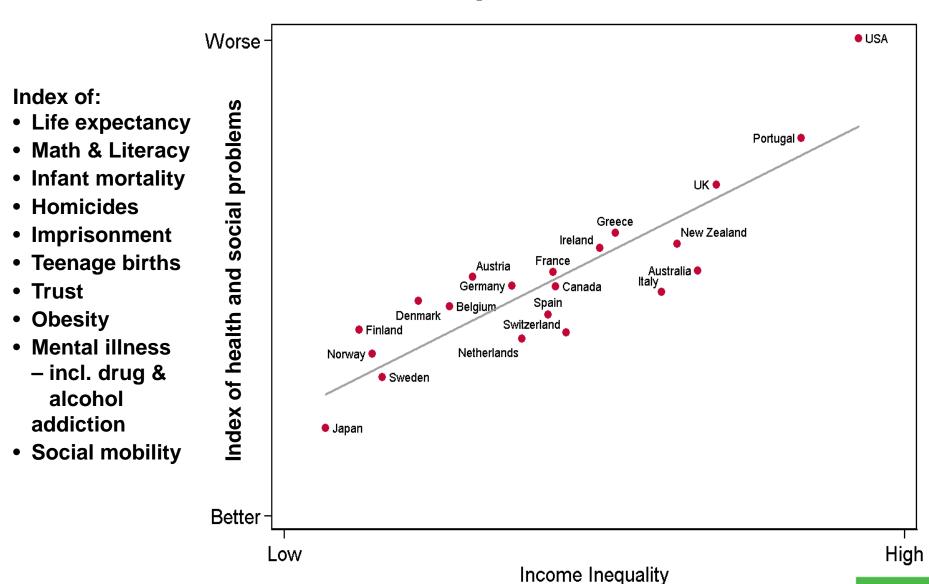
# How much richer are the richest 20% in each country than the poorest 20%?



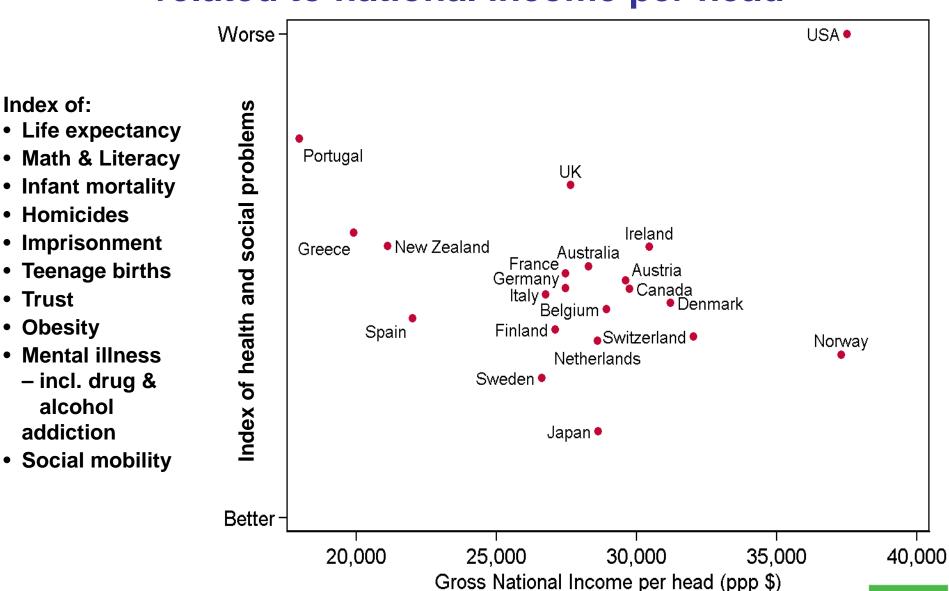
## Health and social problems with social gradients and internationally comparable data

- Life expectancy
- Math & Literacy
- Infant mortality
- Homicides
- Imprisonment
- Teenage births
- Trust
- Obesity
- Mental illness incl. drug & alcohol addiction
- Social mobility

## Health and social problems are worse in more unequal countries

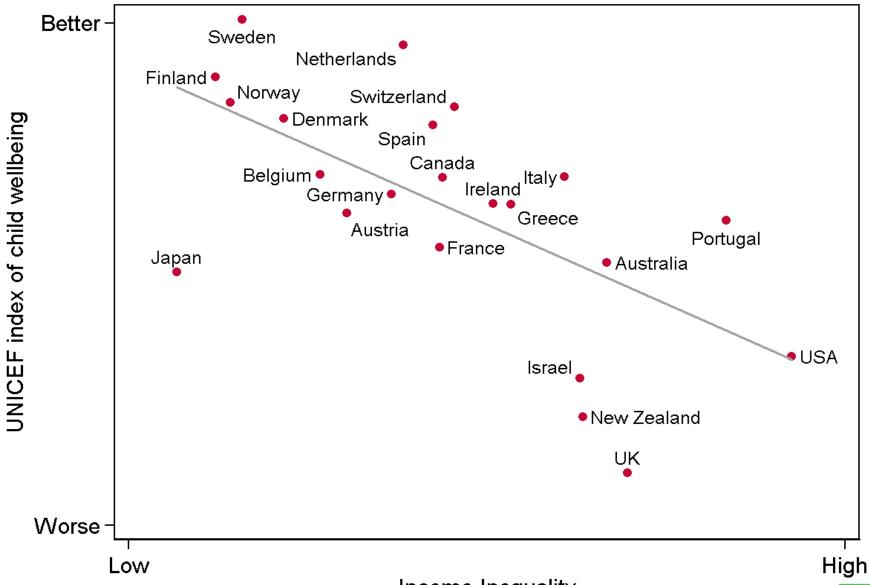


## Neither health nor social problems are related to national income per head

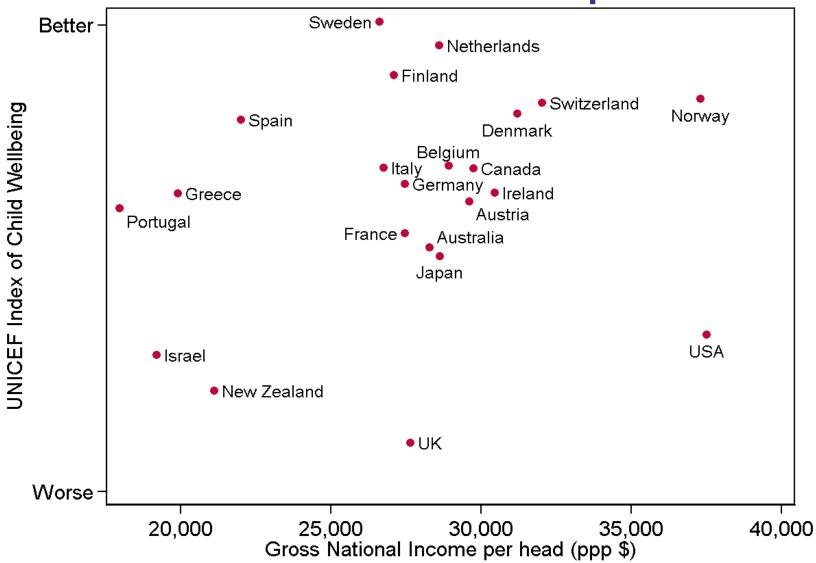


Equality Trust

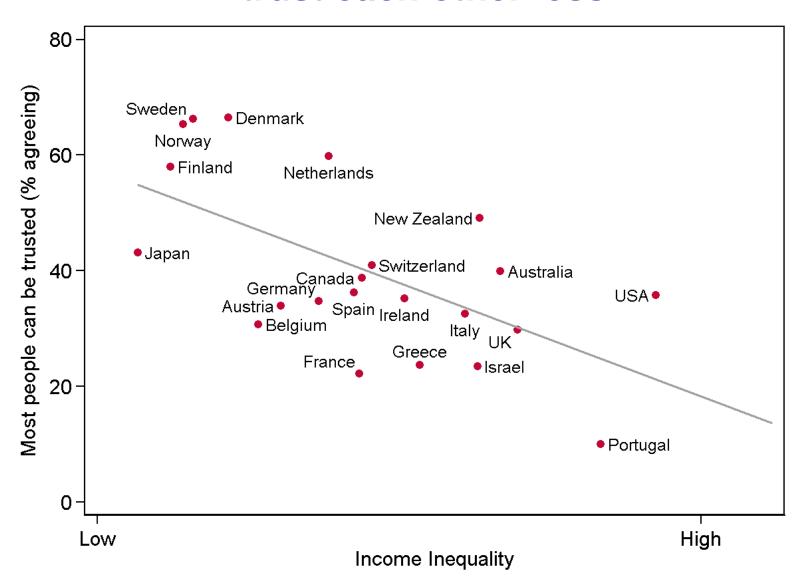
#### Child well-being is better in more equal countries



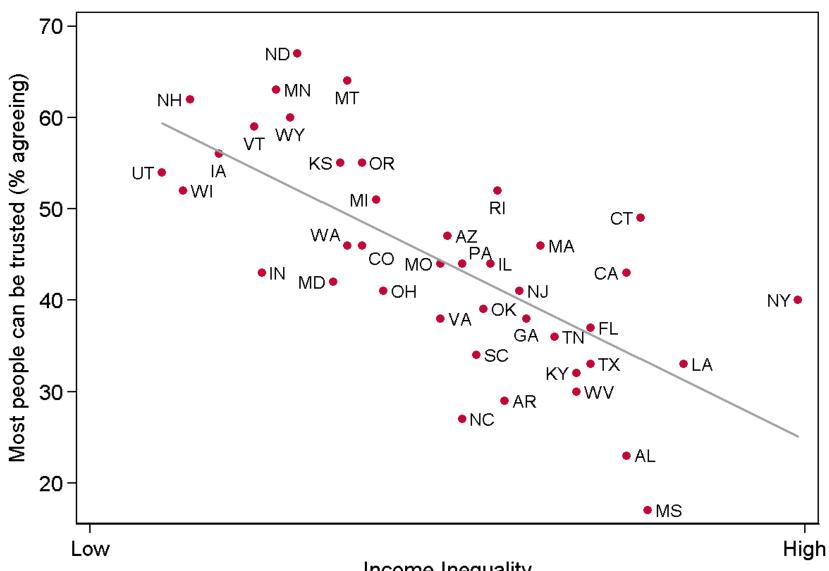
## The UNICEF Index of Child Wellbeing is not related to National Income per head



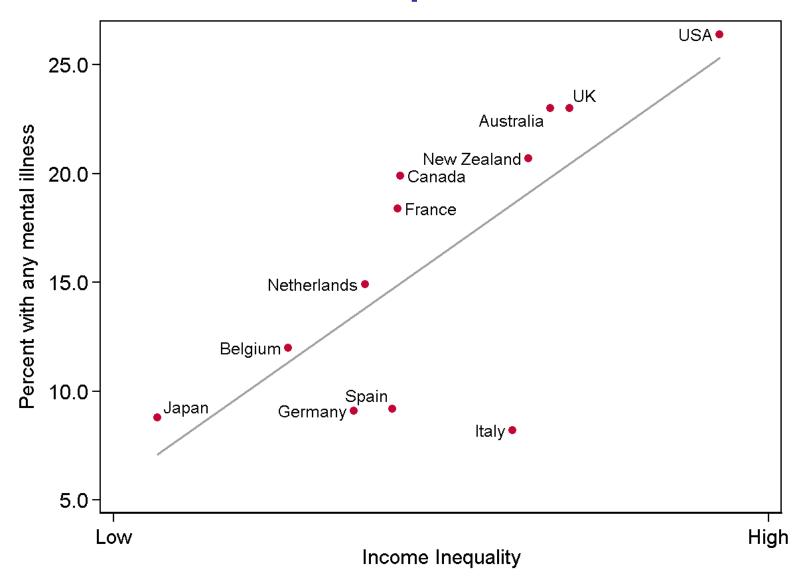
### People in more unequal countries trust each other less



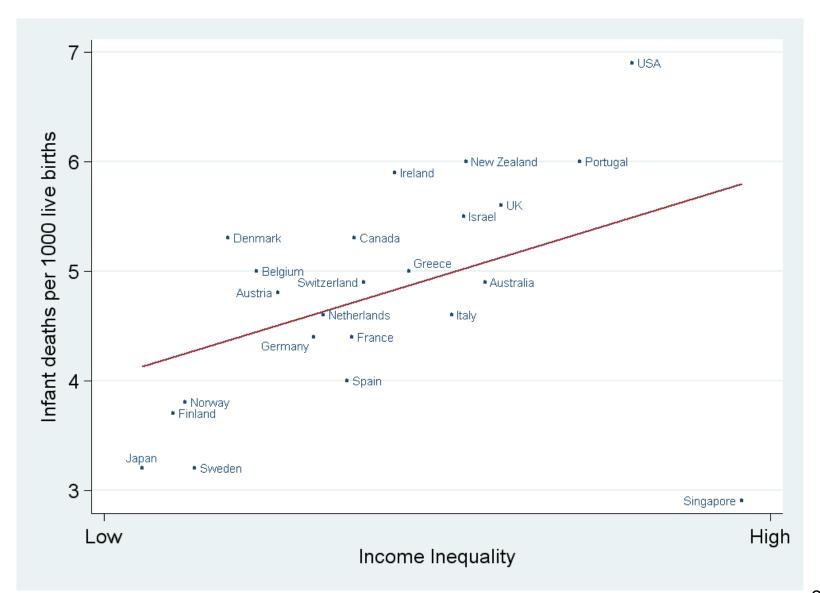
#### People in more unequal states of the USA trust each other less



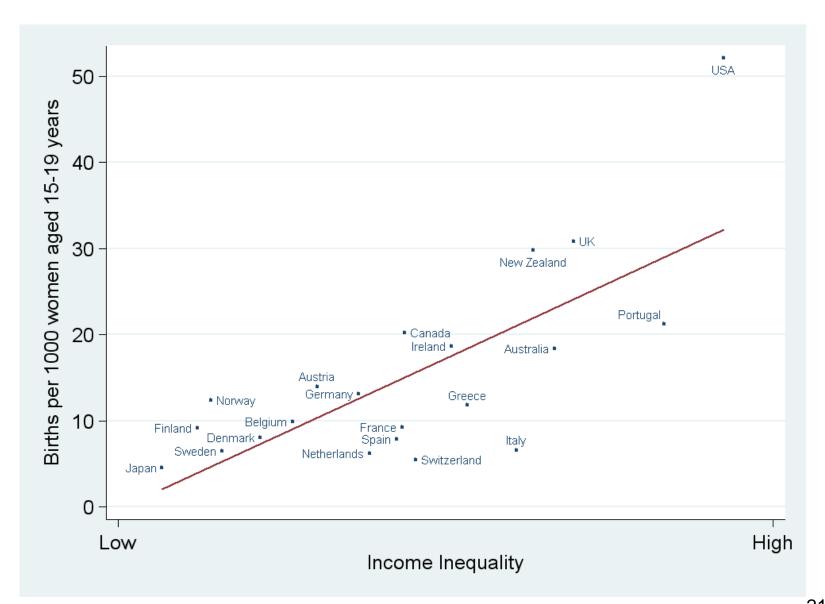
## Mental illness is more common in more unequal societies



#### **Infant Mortality Rates are Higher in More Unequal Countries**

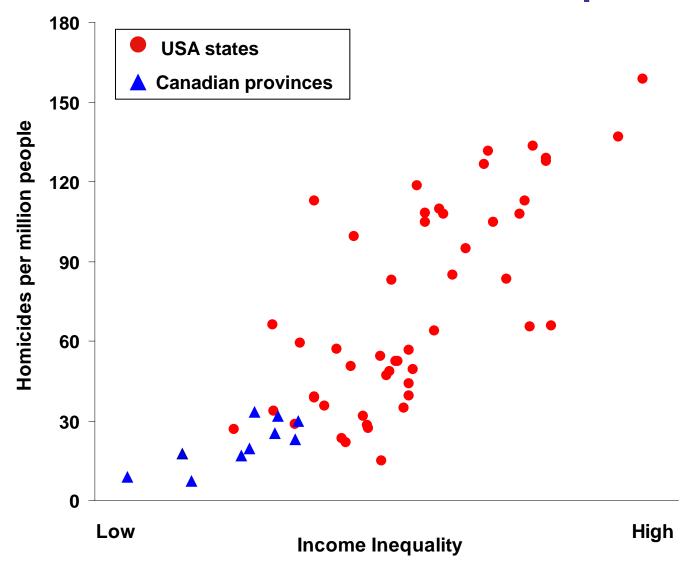


#### Teenage Birth Rates are Higher in More Unequal Rich Countries



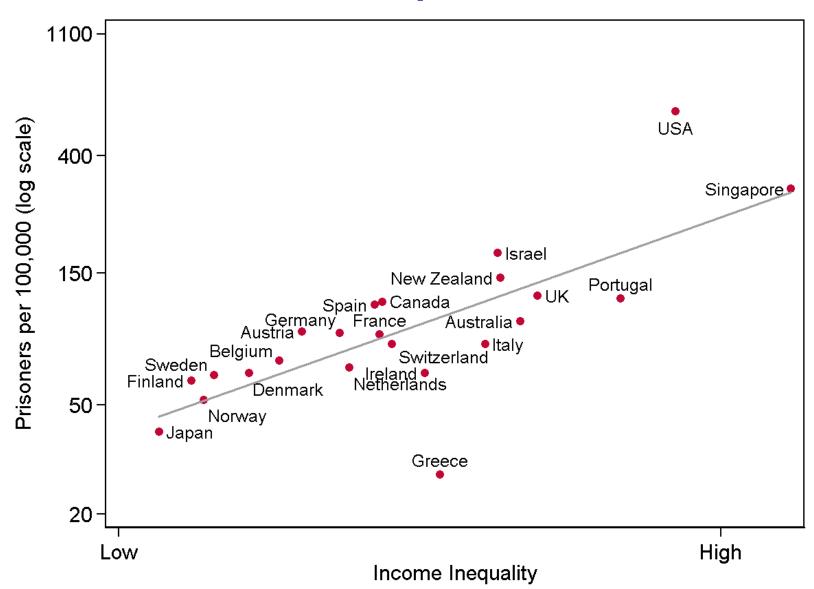
™ Equality Trust

## Homicide rates are higher in more unequal US states and Canadian provinces

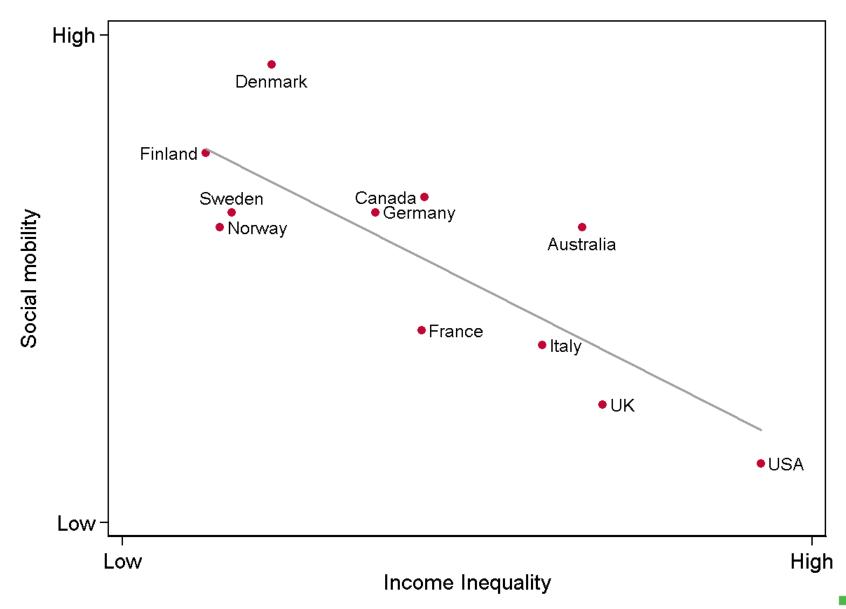


Daly M, Wilson M, Vasdev S. Income inequality and homicide rates in Canada and the United States. Can J Crim 2001; 43: 219-36.

## Imprisonment rates are higher in more unequal countries



#### Social mobility is lower in more unequal countries



In summary... bigger income gaps lead to deteriorations in:-

#### **Social Relations**

- Child conflict
- Homicide
- Imprisonment
- Social capital
- Trust

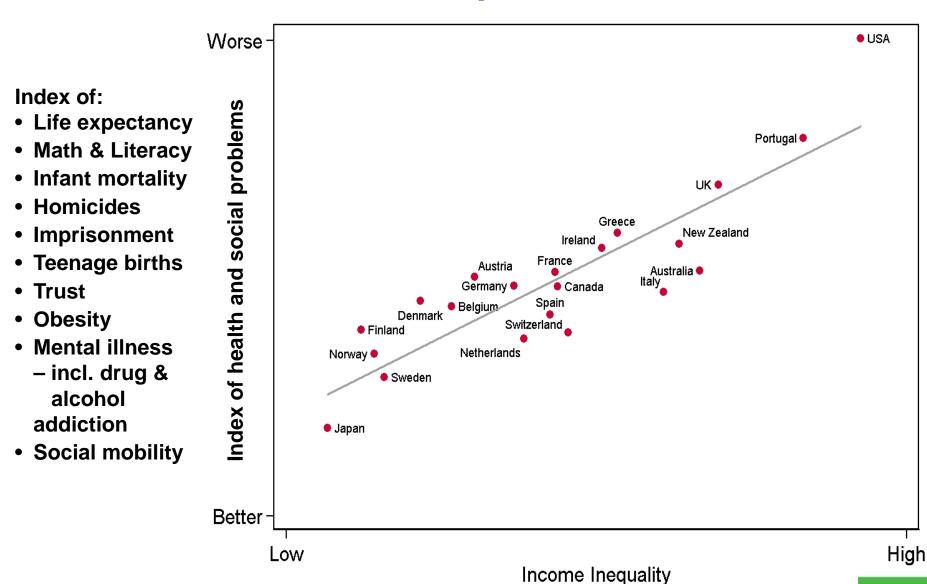
#### **Health**

- Drug abuse
- Infant mortality
- Life expectancy
- Mental illness
- Obesity

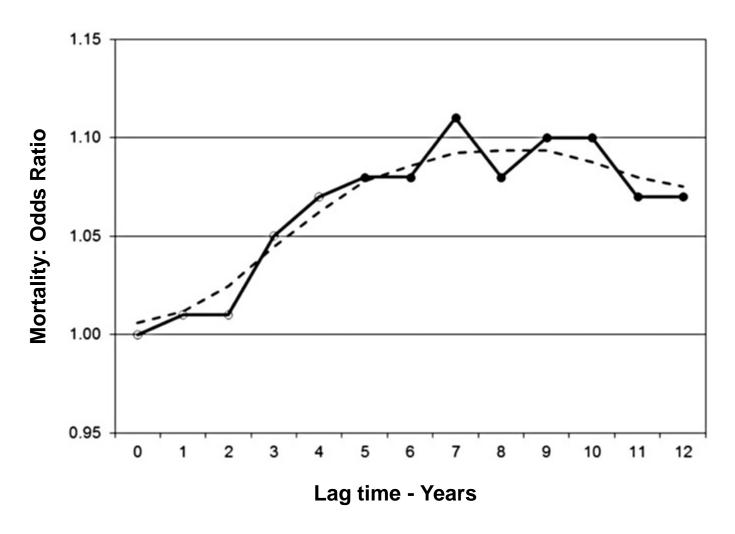
#### **Human Capital**

- Child wellbeing
- High school drop outs
- Math & literacy scores
- Social mobility
- Teenage births

#### Health and social problems are worse in more unequal countries



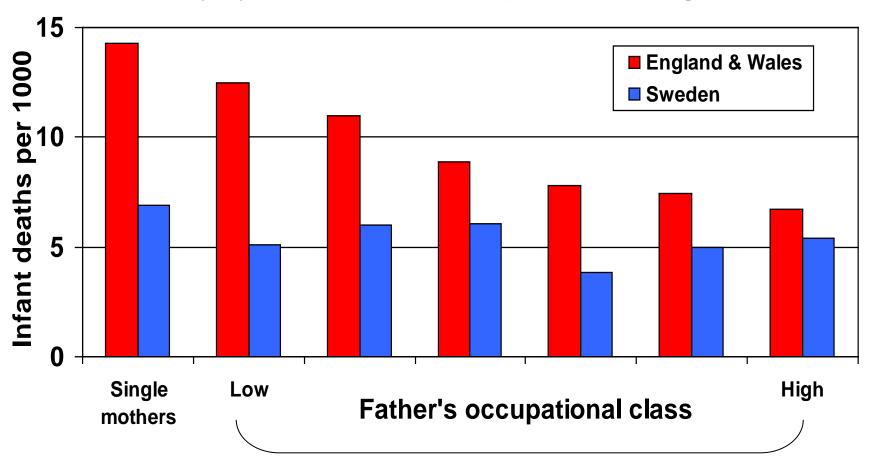
### Lag times: marginal impact of a 0.01-unit increase in the Gini on individual mortality risk over time



Zheng H. Social Science & Medicine 2012; 75: 36-45.

### The benefits of greater equality are not confined to the poor but extend to all social classes

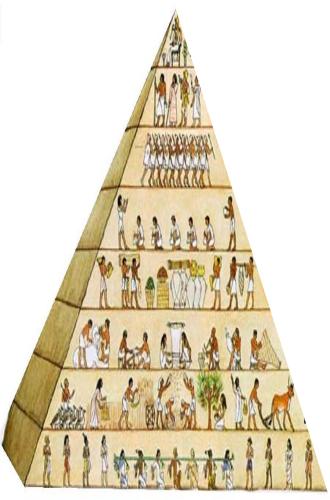
Infant mortality by class: Sweden compared with England & Wales



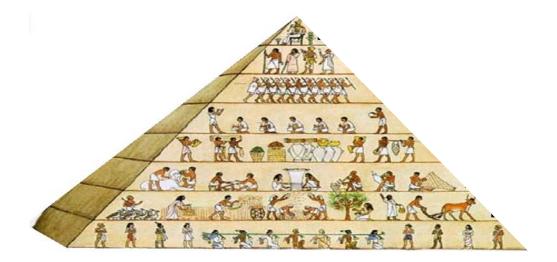
Leon, D. A., D. Vagero, et al. (1992). "Social class differences in infant mortality in Sweden: comparison with England and Wales." <u>Brit Med J</u> 305(6855): 687-91.

#### Income differences increase social class differentiation





- Class becomes more important
- The social pyramid is higher and more hierarchical
- The quality of social relations deteriorates

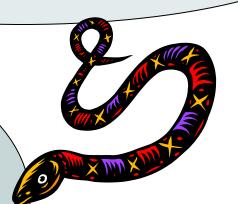


More inequality

# Valued or Devalued?

- More superiority and inferiority
- More status competition and consumerism
  - More status insecurity

- More worry about how we are seen and judged
- More "social evaluation anxiety" (threats to self-esteem & social status, fear of negative judgements



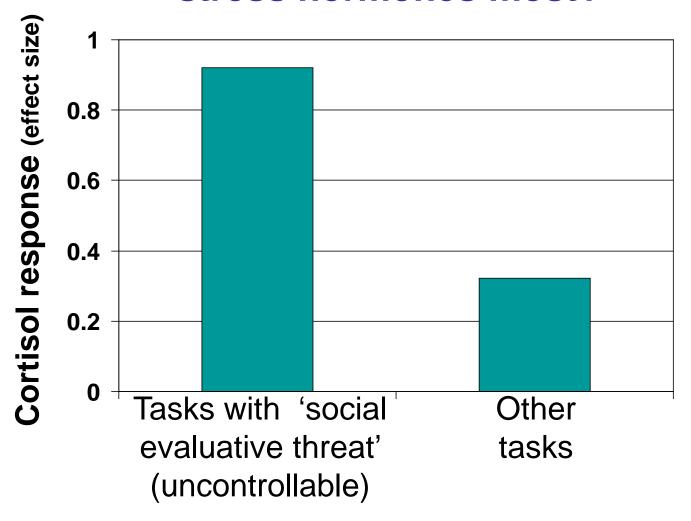
#### Psychosocial risk factors for ill health

Low social status

Weak social connections

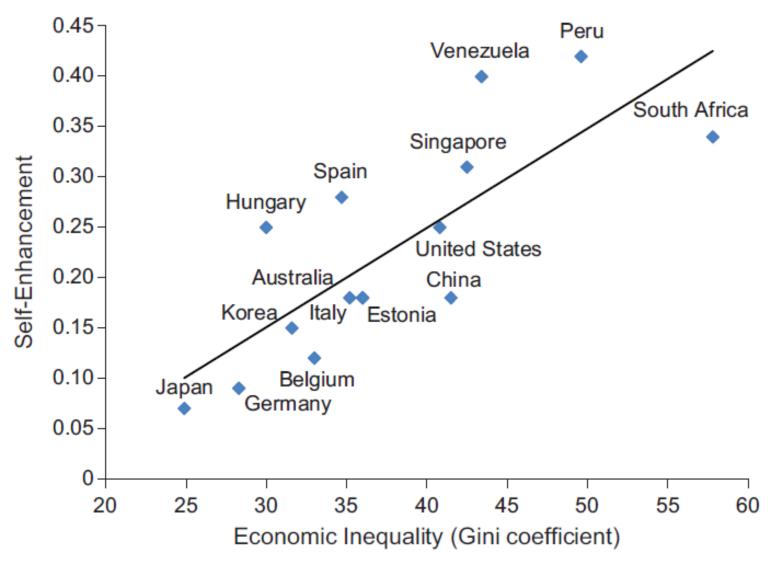
Stress in early life (pre- and postnatally)

### What kind of stressful tasks raise stress hormones most?



Dickerson SS, Kemeny ME. Acute stressors and cortisol responses. *Psychological Bulletin* 2004; 130(3): 355-91.

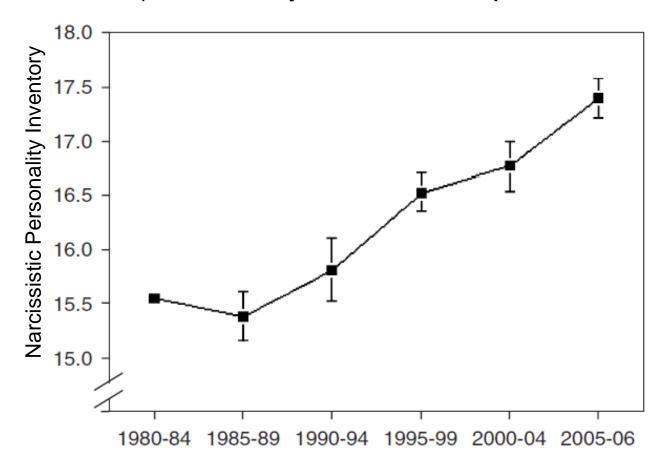
### In more unequal countries people abandon modesty and exaggerate their merits



Loughnan S, et al. Economic Inequality is linked to biased self-perception.

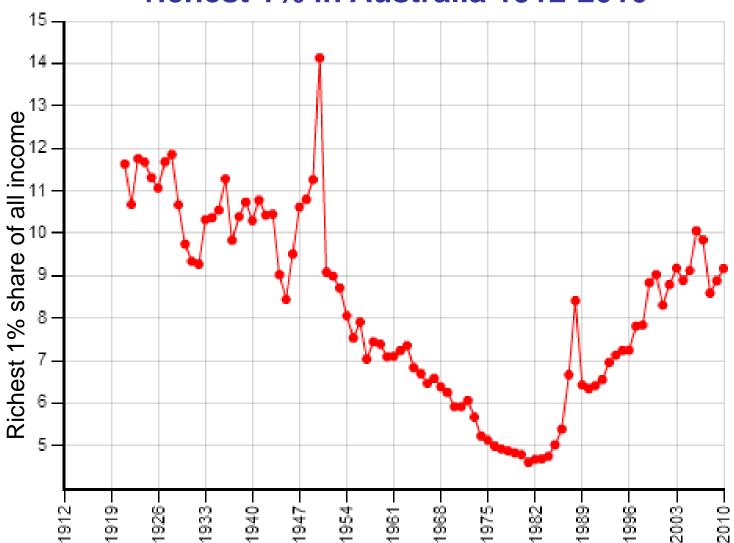
\*Psychological Science\*, 2011; 22: 1254

### Rising narcissism among American college students (meta-analysis of 85 samples 1979-2006)



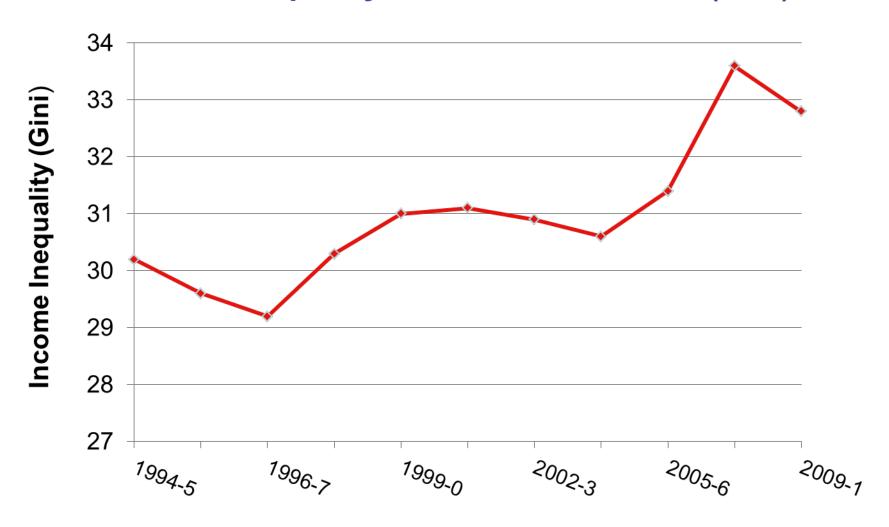
Twenge JM, Konrath S, Foster JD, Campbell WK, Bushman BJ. Egos inflating over time. J Personality 2008; 76(4): 875-901.

### Share of income going to richest 1% in Australia 1912-2010



World Top Incomes Database. <a href="http://topincomes.g-mond.parisschoolofeconomics.eu">http://topincomes.g-mond.parisschoolofeconomics.eu</a> and Atkinson & Leigh (2007)

#### Income Inequality: Australia 1994-2010 (Gini)



Australian Bureau of Statistics, Household income and income distribution 2009-10. Canberra 2011

#### What can be done?

### Income differences before tax

 Increase company democracy employee ownership etc

 Promote more directors from within companies



#### **Taxes & benefits**

- Stop tax avoidance
- End tax havens
- Make taxation progressive again

Sustainability needs greater equality



### The Spirit Level

### Why Equality is Better for Everyone

Richard Wilkinson and Kate Pickett

'A big idea, big enough to change political thinking' Sunday Times

'A sweeping theory of everything' Guardian



#### For more information:

... a book

and a website...

The Equality Trust

http://www.equalitytrust.org.uk